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Stationary training equipment - Part 5: Stationary exercise bicycles and upper body crank training equipment, additional specific safety requirements and test methods (ISO 20957-5:2016)

Táto norma obsahuje anglickú verziu európskej normy.
This standard includes the English version of the European Standard.

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**Stationary training equipment - Part 5: Stationary exercise
bicycles and upper body crank training equipment,
additional specific safety requirements and test methods
(ISO 20957-5:2016)**

Équipement d'entraînement fixe - Partie 5: Bicyclettes
fixes d'exercice et équipements d'entraînement à
manivelles de la partie supérieure du corps - Exigences
spécifiques de sécurité et méthodes d'essai
supplémentaires (ISO 20957-5:2016)

Stationäre Trainingsgeräte - Teil 5: Stationäre
Trainingsfahräder und Kurbel-Trainingsgeräte für
den Oberkörper, zusätzliche besondere
sicherheitstechnische Anforderungen und
Prüfverfahren (ISO 20957-5:2016)

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CEN-CENELEC Management Centre: Avenue Marnix 17, B-1000 Brussels

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European foreword

This document (EN ISO 20957-5:2016) has been prepared by Technical Committee ISO/TC 83 "Sports and other recreational facilities and equipment" in collaboration with Technical Committee CEN/TC 136 "Sports, playground and other recreational facilities and equipment" the secretariat of which is held by DIN.

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by June 2017, and conflicting national standards shall be withdrawn at the latest by June 2017.

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Endorsement notice

The text of ISO 20957-5:2016 has been approved by CEN as EN ISO 20957-5:2016 without any modification.

**Stationary training equipment —
Part 5:
Stationary exercise bicycles
and upper body crank training
equipment, additional specific safety
requirements and test methods**

Équipement d'entraînement fixe —

Partie 5: Bicyclettes fixes d'exercice et équipements d'entraînement à manivelles de la partie supérieure du corps — Exigences spécifiques de sécurité et méthodes d'essai supplémentaires





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ISO copyright office
Ch. de Blandonnet 8 • CP 401
CH-1214 Vernier, Geneva, Switzerland
Tel. +41 22 749 01 11
Fax +41 22 749 09 47
copyright@iso.org
www.iso.org

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Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular the different approval criteria needed for the different types of ISO documents should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see www.iso.org/directives).

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For an explanation on the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the World Trade Organization (WTO) principles in the Technical Barriers to Trade (TBT) see the following URL: www.iso.org/iso/foreword.html.

ISO 20957-5 was prepared by the European Committee Standardization (CEN) Technical Committee CEN/TC 136, *Sports, playground and other recreational facilities and equipment*, in collaboration with ISO Technical Committee TC 83, *Sports and other recreational facilities and equipment*, in accordance with the agreement on technical cooperation between ISO and CEN (Vienna Agreement).

This second edition cancels and replaces the first edition (ISO 20957-5:2005), which has been technically revised with the following changes:

- publication as an EN ISO;
- formulation aligned with ISO 20957-1;
- [Clause 5](#) "Safety requirements" specified and restructured;
- [Clause 6](#) "Test methods" specified and restructured;
- normative references updated.

A list of all parts in the ISO 20957 series can be found on the ISO website.

Introduction

This document concerns the safety of crank training equipment. It amends and supplements ISO 20957-1. The requirements of this document take priority over those in the general standard.

Stationary training equipment —

Part 5:

Stationary exercise bicycles and upper body crank training equipment, additional specific safety requirements and test methods

1 Scope

This document specifies safety requirements for stationary exercise bicycles and upper body crank training equipment in addition to the general safety requirements of ISO 20957-1.

This document is applicable to stationary training equipment type stationary exercise bicycles and upper body crank training equipment (type 5) as defined in [Clause 3](#) within the classes S, H, I and A, B, C according to ISO 20957-1.

Any attachment provided with the stationary exercise bicycles and upper body crank training equipment for the performance of additional exercises are subject to the requirements of ISO 20957-1.

This document is not applicable to roller stands as they cannot be made safe in a reasonable way.

2 Normative references

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

ISO 4210-8:2014, *Cycles — Safety requirements for bicycles — Part 8: Pedal and drive system test methods*

ISO 20957-1, *Stationary training equipment — Part 1: General safety requirements and test methods*

EN 71-1, *Safety of toys — Part 1: Mechanical and physical properties*

koniec náhľadu – text ďalej pokračuje v platenej verzii STN