

Stacionárne tréningové zariadenia Časť 2: Posilňovacie tréningové zariadenia Ďalšie špecifické bezpečnostné požiadavky a skúšobné metódy (ISO 20957-2: 2024)

STN EN ISO 20957-2

94 0201

Stationary training equipment - Part 2: Strength training equipment - Additional specific safety requirements and test methods (ISO 20957-2:2024)

Táto norma obsahuje anglickú verziu európskej normy. This standard includes the English version of the European Standard.

Táto norma bola oznámená vo Vestníku ÚNMS SR č. 01/25

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## EUROPEAN STANDARD NORME EUROPÉENNE EUROPÄISCHE NORM

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#### **English Version**

# Stationary training equipment - Part 2: Strength training equipment - Additional specific safety requirements and test methods (ISO 20957-2:2024)

Appareils d'entraînement fixes - Partie 2: Appareil d'entraînement de force - Exigences spécifiques de sécurité et méthodes d'essai supplémentaires (ISO 20957-2:2024)

Stationäre Trainingsgeräte - Teil 2: Kraft-Trainingsgeräte, zusätzliche besondere sicherheitstechnische Anforderungen und Prüfverfahren (ISO 20957-2:2024)

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CEN-CENELEC Management Centre: Rue de la Science 23, B-1040 Brussels

#### EN ISO 20957-2:2024 (E)

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#### **European foreword**

This document (EN ISO 20957-2:2024) has been prepared by Technical Committee ISO/TC 83 "Sports and other recreational facilities and equipment" in collaboration with Technical Committee CEN/TC 136 "Sports, playground and other recreational facilities and equipment" the secretariat of which is held by DIN.

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by April 2025, and conflicting national standards shall be withdrawn at the latest by April 2025.

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. CEN shall not be held responsible for identifying any or all such patent rights.

This document supersedes EN ISO 20957-2:2021.

This document has been prepared under a standardization request addressed to CEN by the European Commission. The Standing Committee of the EFTA States subsequently approves these requests for its Member States.

For the relationship with EU Legislation, see informative Annex ZA, which is an integral part of this document.

Any feedback and questions on this document should be directed to the users' national standards body/national committee. A complete listing of these bodies can be found on the CEN website.

According to the CEN-CENELEC Internal Regulations, the national standards organizations of the following countries are bound to implement this European Standard: Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Republic of North Macedonia, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Türkiye and the United Kingdom.

#### **Endorsement notice**

The text of ISO 20957-2:2024 has been approved by CEN as EN ISO 20957-2:2024 without any modification.

#### EN ISO 20957-2:2024 (E)

## **Annex ZA** (informative)

# Relationship between this European Standard and the safety requirements of Directive 2001/95/EC aimed to be covered

This European Standard has been prepared under a Commission's standardization request Standardisation mandate issued to the European standardisation organisations (ESOs) to develop European standards for stationary training equipment "M/506" to provide one voluntary means of conforming to the safety requirements of Commission Decision (EU) No 476/2011 of 27 July 2011 implementing General Product Safety Directive 2001/95/EC of the European Parliament and of the Council with regard to safety requirements for stationary training equipment.

Once this standard is cited in the Official Journal of the European Union under that Directive 2001/95/EC, compliance with the normative clauses of this standard given in Table ZA.1 confers, within the limits of the scope of this standard, a presumption of conformity with the corresponding safety requirements of that Directive and associated EFTA regulations.

Table ZA.1 — Correspondence between this European Standard and Commission Decision (EU) No 476/2011 of 27 July 2011 implementing Directive 2001/95/EC of the European Parliament and of the Council with regard to safety requirements for stationary training equipment and Commission's standardization request Standardisation mandate issued to the European standardisation organisations (ESOs) to develop European standards for stationary training equipment 'M/506'

	Safety Requirements of EC Decision (EU) No 476/2011	Clause(s)/sub-clause(s) of this EN
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(c)	Tube ends	_
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(i)	Wire ropes and pulleys	_
(j)	Rope and belt guides	
(k)	Pull-in points	5.7

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	Safety Requirements of EC Decision (EU) No 476/2011	Clause(s)/sub-clause(s) of this EN
(l)	Gripping positions	_
(m)	Integral handgrips	_
(n)	Applied handgrips	_
(o)	Rotating handgrips	_
(p)	Electrical safety	_
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**WARNING 1** Presumption of conformity stays valid only as long as a reference to this European Standard is maintained in the list published in the Official Journal of the European Union. Users of this standard should consult frequently the latest list published in the Official Journal of the European Union.

**WARNING 2** Other Union legislation may be applicable to the products falling within the scope of this standard.



# International Standard

ISO 20957-2

pment — Third edition 2024-09

## Stationary training equipment —

Part 2:

Strength training equipment
— Additional specific safety
requirements and test methods

Appareils d'entraînement fixes —

Partie 2: Appareil d'entraînement de force — Exigences spécifiques de sécurité et méthodes d'essai supplémentaires



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#### Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular, the different approval criteria needed for the different types of ISO document should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see <a href="https://www.iso.org/directives">www.iso.org/directives</a>).

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For an explanation of the voluntary nature of standards, the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the World Trade Organization (WTO) principles in the Technical Barriers to Trade (TBT), see <a href="https://www.iso.org/iso/foreword.html">www.iso.org/iso/foreword.html</a>.

This document was prepared by Technical Committee ISO/TC 83, Sports and other recreational facilities and equipment, in collaboration with the European Committee for Standardization (CEN) Technical Committee CEN/TC 136, Sports, playground and other recreational facilities and equipment, in accordance with the Agreement on technical cooperation between ISO and CEN (Vienna Agreement).

This third edition cancels and replaces the second edition (ISO 20957-2:2020), which has been technically revised.

The main changes are as follows:

- referenced standards have been updated with year of publication;
- NOTE 2 has been added to Clause 1;
- <u>Clause 3</u> has been updated to add definition and corresponding figure for rack station;
- Clause 5 has been restructured;
- 6.1.5 "Finger entrapment test" has been added.

A list of all parts in the ISO 20957 series can be found on the ISO website.

Any feedback or questions on this document should be directed to the user's national standards body. A complete listing of these bodies can be found at <a href="https://www.iso.org/members.html">www.iso.org/members.html</a>.

### Stationary training equipment —

#### Part 2:

# Strength training equipment — Additional specific safety requirements and test methods

#### 1 Scope

This document specifies safety requirements for stationary strength training equipment, in addition to the general safety requirements of ISO 20957-1:2013.

This document is applicable to stationary strength training equipment with stacked weight resistance or alternative means of resistance, such as elastic cords, hydraulic, pneumatic, electrical, magnetic, springs and externally loaded weights (hereinafter referred to as stationary training equipment) with the classes H, S and I according to ISO 20957-1:2013.

NOTE Accuracy classes are not applicable to this type of stationary training equipment as accuracy classes do not affect the safety of this equipment.

#### 2 Normative references

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

ISO 12100:2010, Safety of machinery — General principles for design — Risk assessment and risk reduction

ISO 20957-1:2013, Stationary training equipment — Part 1: General safety requirements and test methods

### koniec náhľadu – text ďalej pokračuje v platenej verzii STN