

STN	Fitness centrá Požiadavky na vybavenie a prevádzku Prevádzkové a manažérske požiadavky	STN EN 17229 94 0532
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Fitness clubs - Requirements for amenities and operation - Operational and managerial requirements

Táto norma obsahuje anglickú verziu európskej normy.

This standard includes the English version of the European Standard.

Táto norma bola oznámená vo Vestníku ÚNMS SR č. 06/26

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English Version

**Fitness clubs - Requirements for amenities and operation -
Operational and managerial requirements**

Clubs de fitness - Exigences en matière d'équipements
et d'exploitation - Exigences opérationnelles et
fonctionnelles

Fitness-Studios - Anforderungen an Studioausstattung
und -betrieb - Operative und betriebliche
Anforderungen

This European Standard was approved by CEN on 27 July 2025.

CEN members are bound to comply with the CEN/CENELEC Internal Regulations which stipulate the conditions for giving this European Standard the status of a national standard without any alteration. Up-to-date lists and bibliographical references concerning such national standards may be obtained on application to the CEN-CENELEC Management Centre or to any CEN member.

This European Standard exists in three official versions (English, French, German). A version in any other language made by translation under the responsibility of a CEN member into its own language and notified to the CEN-CENELEC Management Centre has the same status as the official versions.

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EUROPEAN COMMITTEE FOR STANDARDIZATION
COMITÉ EUROPÉEN DE NORMALISATION
EUROPÄISCHES KOMITEE FÜR NORMUNG

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EN 17229:2026 (E)**European foreword**

This document (EN 17229:2026) has been prepared by Technical Committee CEN/TC 136 “Sports, playground and other recreational facilities and equipment”, the secretariat of which is held by DIN.

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by September 2026, and conflicting national standards shall be withdrawn at the latest by September 2026.

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. CEN shall not be held responsible for identifying any or all such patent rights.

This document supersedes EN 17229:2019 and EN 17229-2:2023.

This document includes the following significant technical changes with respect to EN 17229:2019 and EN 17229-2:2023:

- amendment of the scope to cover the supervision of users outside of the fitness club; the use of digital technologies for supervision; the addition of inclusion and accessibility standards; the extension of health and safety standards to include the security of users.

Any feedback and questions on this document should be directed to the users’ national standards body. A complete listing of these bodies can be found on the CEN website.

According to the CEN-CENELEC Internal Regulations, the national standards organisations of the following countries are bound to implement this European Standard: Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Republic of North Macedonia, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Türkiye and the United Kingdom.

1 Scope

This document specifies the minimum requirements for the provision of physical exercise by fitness clubs.

This includes the operational, managerial, and supervision requirements in the delivery of both within and any externally related services offered by fitness clubs, together with the selection and positioning of exercise equipment, the essential skills required by fitness trainers, and any associated environmental and procedural requirements for safe physical exercising to take place.

This document is applicable to all publicly accessible fitness clubs where exercising in groups or individually takes place and is irrespective of the size of the club. It is intended to provide a healthy, safe and secure environment for its users, including through the use of digital technologies.

This document is applicable to fitness clubs publicly available and open to user subscription or pay-as-you-go services. This document does not cover clubs that are exclusively secondary businesses and offered in addition or as a complement to their primary service.

NOTE In the event that the fitness club is expected to be accessible to people with special needs (e.g. people with a disability and/or impairments, minors, etc.), attention is drawn to any relevant national guidelines.

2 Normative references

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

EN 54 (all parts), *Fire detection and fire alarm systems*

EN 957-6:2010+A1:2014, *Stationary training equipment — Part 6: Treadmills, additional specific safety requirements and test methods*

EN 1627, *Pedestrian doorsets, windows, curtain walling, grilles and shutters — Burglar resistance — Requirements and classification*

EN 50131-1, *Alarm systems — Intrusion and hold-up systems — Part 1: System requirements*

EN 50136-1, *Alarm systems — Alarm transmission systems and equipment — Part 1: General requirements for alarm transmission systems*

EN 50518, *Monitoring and Alarm Receiving Centre*

EN 60839-11-1, *Alarm and electronic security systems — Part 11-1: Electronic access control systems — System and components requirements*

EN 62676-4, *Video surveillance systems for use in security applications — Part 4: Application guidelines (IEC 62676-4)*

EN ISO 20957-1:2024, *Stationary training equipment — Part 1: General safety requirements and test methods (ISO 20957-1:2024)*

EN ISO 20957-2, *Stationary training equipment — Part 2: Strength training equipment, additional specific safety requirements and test methods (ISO 20957-2)*

EN ISO 20957-4, *Stationary training equipment — Part 4: Strength training benches, additional specific safety requirements and test methods (ISO 20957-4)*

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EN ISO 20957-5, *Stationary training equipment — Part 5: Stationary exercise bicycles and upper body crank training equipment, additional specific safety requirements and test methods (ISO 20957-5)*

EN ISO 20957-7, *Stationary training equipment — Part 7: Rowing equipment — Additional specific safety requirements and test methods (ISO 20957-7)*

EN ISO 20957-8, *Stationary training equipment — Part 8: Steppers, stairclimbers and climbers — Additional specific safety requirements and test methods (ISO 20957-8)*

EN ISO 20957-9, *Stationary training equipment — Part 9: Elliptical trainers, additional specific safety requirements and test methods (ISO 20957-9)*

EN ISO 20957-10, *Stationary training equipment — Part 10: Exercise bicycles with a fixed wheel or without freewheel — Additional specific safety requirements and test methods (ISO 20957-10)*

ISO 30061, *Emergency lighting*

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